

fundraising projects, and other areas related to blindness through over one hundred NFB divisions, groups, and committees.

quarterly in print, on cassette tape, and on the Internet. **Voice of the Diabetic** is the quarterly publication of the Diabetes Action Network, a



How can I learn more?

- Visit our Web site at www.nfb.org or e-mail us at nfb@nfb.org.
- Subscribe to our free publications by regular or e-mail subscription or check them out on our Web site. The **Braille Monitor** is the voice of the National Federation of the Blind. It is published monthly in Braille, in print, on cassette tape, and on the Internet. **Future Reflections**, the official publication of the National Organization of Parents of Blind Children (a division of the National Federation of the Blind), is a magazine for parents and educators of blind children. It is published

division of the National Federation of the Blind, and addresses the problems and concerns of blind diabetics. It is available in print, on cassette tape, and on our Web site. The **Kernel Books** series is a collection of books written by the blind themselves. Each book is a mini-anthology of articles and stories by and about blind people, drawn from our real-life experiences and emphasizing our positive philosophy about blindness. They are available in large print, in Braille, on cassette tape, and on the Web. For subscriptions other than by e-mail, write to us and specify which publications you want.

Can I join the National Federation of the Blind?

Yes, if you are blind, low-vision, or anywhere in between and want to join others like you to build a bright future for blind Americans, or if you're sighted and want to help, then join us today! Find the local chapter in your area or contact us at:

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(Voice of the Nation's Blind

What is the National Federation of the Blind?

The National Federation of the Blind (NFB) is the largest organization of the blind in the world. Founded in 1940, the Federation's purpose is to help blind people achieve self-confidence, self-respect, and self-determination. Our goal is the complete integration of the blind into society on a basis of equality.

With more than 50,000 members, the



*Marc Maurer, President
National Federation
of the Blind*

National Federation of the Blind has affiliates in all fifty states, in the District of Columbia, and in Puerto Rico. We come together in local, state, and national meetings to support and encourage one another and to plan activities for our future. Most of us are volunteers, and through hard work we make our dreams of independence and productivity come true. If the problems facing the blind are to be solved (and we believe they can be), the blind of America, working collectively, must do it. We dare to dream of a bright tomorrow for ourselves, for blind children,

and for those who come after us; and we are prepared to work together to bring that future into being. This is the essence of the National Federation of the Blind.

What does the NFB do to enhance opportunity for the blind?

The National Federation of the Blind is leading the way into the future for blind Americans by:

- Providing a vehicle for **collective action by blind people** themselves acting through an organizational structure consisting of a network of local chapters, which come together in statewide organizations that in turn make up the national organization.
- **Educating the public** about the true nature of blindness through our literature, through public appearances, and through our daily lives as independent and productive citizens.
- **Promoting the interests of the blind** in the state legislatures, in the halls of Congress, and in the courts.
- **Helping families with blind youth** ensure that their children learn the skills for coping with blindness and have access to information and educational

opportunities that will allow them to keep pace with their sighted friends as they grow.

- Operating the **National Center for the Blind (NCB)** in Baltimore, Maryland, the central headquarters for the activities of the NFB. The NCB provides state-of-the-art facilities and meeting space to support national programs developed by the blind.
- Conducting **cutting-edge research and training** through our National Federation of the Blind Jernigan Institute to address the real problems of blindness, such as model education and rehabilitation methods to empower the blind or improved instruction in Braille.

“The real problem of blindness is not the loss of eyesight. The real problem is the misunderstanding and lack of information that exist. If a blind person has proper training and opportunity, blindness can be reduced to a physical nuisance.”

- Studying, demonstrating, and evaluating the latest in access technology for the blind at the one-of-a-kind

International Braille and Technology Center (IBTC) for the Blind. This center includes every technological device that might be used by a blind person today.

- Operating and expanding the world's largest digital talking newspaper service for the blind, **NFB-NEWSLINE®**, a free service available to anyone who is legally blind. NFB-NEWSLINE® uses computer speech technology to make the texts of hundreds of local and national newspapers available on demand to blind readers with just a touch-tone telephone.
- Helping the blind get the information and the products we need for active, independent lives through the National Federation of the Blind **Independence Market**, which offers thousands of publications and hundreds of products especially designed for the blind. Browse the catalog and shop online at www.nfb.org.
- Providing **support, information, networking, and resources** regarding a wide range of professions, recreational activities, special interests, legislative issues,