



Modular Instruction for Independent Travel for Students Who Are Blind or Visually Impaired: Preschool Through High School

by Doris M. Willoughby and Sharon L. Monthei

For the mobility teacher, classroom teacher, or parent—

This practical guide offers over a thousand creative suggestions for teaching cane travel to preschool through high school blind and visually impaired students in every possible setting. Together, the authors have over fifty years of teaching experience. One is sighted, the other is blind. The modules cover the standard topics of home, school, community, and the usual inclement weather problems (wind, fog, ice, rain, etc.), but then they go beyond these into additional places and skills—the top of the fridge, under the porch, storm gratings, the cafeteria lunch tray, carrying loads on the stairs, crossings with school patrol guards, techniques for shopping—with many tips for safety and notes on ‘increasing independence as appropriate for age.’ Here’s what some experts say about the book:

“I have had the privilege of reading previous publications by Willoughby and Monthei. Once more, they have created an extremely teacher-friendly book that will be used extensively by teachers and parents to benefit blind children.”

—Dr. Phil Hatlen, superintendent, Texas School for the Blind

“Three cheers for Willoughby and Monthei for writing a book that needed to be written. It is a clear, reliable, practical guide for the ‘what to do and how to do it’ of independent travel.”

—Joe Cutter, early childhood orientation, and mobility specialist

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